



2012 Registration Form

Please print, fill out, enclose check (make out to 4th Dimension Racing) and mail this form to “4th Dimension Racing, 9206 162nd PL NE, Redmond, WA, 98052”

Name (First, Last) _____

Gender: M / F Phone _____ City, State _____

Age (day of run) _____

Contact e-mail _____

Please do not include me in your newsletter

Emergency contact name and phone# _____

Waiver Release

In consideration for my participation in this event, I acknowledge that running can be dangerous. I know that running walking roads, sidewalks and trails is a potentially hazardous activity. I should not enter and run or walk unless I am medically able and properly trained. I voluntarily choose to participate in this trail run at my own risk AND UNDERSTAND THAT THE RISKS INCLUDE SERIOUS PERSONAL INJURY OR EVEN DEATH. Aware of these risks, I hereby assume the risk of participating in the event, and release and forever discharge the “Released Parties” (defined below) for all claims of any kind that I may have or later INCLUDING CLAIMS ARISING FROM THE RELEASED PARTIES’ ORDINARY NEGLIGENCE. The Released Parties include 1) 4th Dimension Racing LLC and its officers, directors, shareholders, employees, agents, volunteers or sponsors, and 2) All other involved parties such as sponsors, supporters, land owners, city, state and government entities. I execute this release, waiver and assumption of risk on behalf of myself and my heirs, executors, legal representatives, successors and assigns. I waive all claims released by this agreement, and promise not to bring nor permit others to bring any such claims on my behalf, and agree to indemnify all of the parties released hereby against their respective costs of defending any such claims, including reasonable attorney fees. I also represent that I am solely responsible for and can be held liable for my health, actions, and behavior during this event. The undersigned hereby expressly agrees that this release and waiver is intended to be as broad and inclusive as permitted by the laws of the State of Washington and that if any portion hereof is held invalid, it is agreed that the balance shall, notwithstanding, continue in full legal force and effect. I currently have no medical condition, physical or mental, that would impair my capacity to participate in this event. I hereby grant to 4th Dimension Racing LLC, and it assigns a global license to use photographs, videotape or other media of me participating. THE UNDERSIGNED HAS READ AND VOLUNTARILY SIGNS THE WAIVER AND RELEASE OF LIABILITY AND INDEMNITY AGREEMENT. Entries are non refundable and cannot be accepted without a valid signature.

Signature _____

Please check first on www.EvergreenTrailruns.com and make sure the event is not sold out before registering for a particular event. If registering for multiple events, add the line item to “Cost per event” and the sum of the entry fees at the bottom.

Date	Event	Distances and Cost	Add:
2/26/2012	Lord Hill	5Mi (\$28), 10Mi (\$35), 20Mi (\$42), 50k (\$50)	
3/31/2012	Dash Point	10k (\$30), Half (\$39), Full (\$45)	
4/14/2012	Squak Mt.	12k (\$34), Half (\$39), Full (\$45), 50k (\$50)	
5/5/2012	Ft. Steilacoom	5k (\$25), 10k (\$30), Half (\$39), Full (\$45), 50k(\$50)	
5/26/2012	Soaring Eagle	5Mi (\$28), 10Mi (\$35), Full (\$45), 50k (\$50)	
6/5/2012	Grand Ridge Eve.	5Mi (\$28), 10Mi (\$35)	
6/16/2012	Echo Valley	10k (\$30), Half (\$39), 50k (\$50), 50Mile (\$75)	
6/23/2012	Taylor Mt.	5Mi (\$28), Half (\$39), Full (\$45), 50k (\$50)	
7/7/2012	Lord Hill	5Mi (\$28), 10Mi (\$35), 20Mi (\$42), 50k (\$50)	
7/19/2012	Soaring Eagle Eve.	5Mi (\$28), 10Mi (\$35)	
8/4/2012	Grand Ridge	5Mi (\$28), Half (\$39), Full (\$45), 50k (\$50)	
	2012 Season Zorrel Tech Shirt	Short Sleeve (\$15), Long Sleeve (\$20) Gender Specific Size (Choose One): S M L XL	
			Total:

For all race related information please check www.EvergreenTrailruns.com