



LORD HILL

5K·10M·20M·50K

EVERGREEN
TRAIL RIDGE

- **5K**
1 Green loop
- **10 MILE**
1 Red loop
- **20 MILE**
2 Red loops
- **50K**
3 Red loops

Lord Hill Regional Park

139th Ave SE

evergreen
TRAILS

10mi LAP AID STATION
20mi